



YMCA Swim Lessons

Welcome to the Greater Kingsport Family YMCA instructional swim program. We hope your child will enjoy his/her swimming class. Swimming is something your child will be able to do for fun and to stay fit for a lifetime.

What to Bring: Swimsuit, Towel, *Goggles, *Water Shoes

*These items are optional. Children may bring goggles from home to wear during lessons if they wish. Also, if they have problems with their toes hurting or have sensitive skin, they may wear water shoes during class to protect their feet. Please bring them prepared to get in the water.

FYI for Parents:

- Each child develops at his/her own pace. Please accept these differences and refrain from comparing one child to the next.
- Please arrive a few minutes early so you can have your child use the bathroom prior to starting the class. This will help give your child the most time in the water with the instructor.
- Bleachers are available at the Sullivan South pool and you are welcome to stay and watch the class. We ask that you please stay in the bleachers on the side of the pool, not at the end. Many times your presence near the pool is a distraction for your child during the class.
- Thank you for your help and cooperation.

Inclement Weather/Pool Closure Policy: Classes are scheduled to meet eight times during a session. If classes are cancelled due to inclement weather, we will schedule make-up classes if time allows. If classes meet less than eight times due to bad weather or pool problems, a LETTER OF CREDIT will be issued. You will be notified by phone of cancellation of lessons. **Please be sure we have a correct daytime phone number.** We will do the best we can to give you as much notice as possible.

We hope to provide your child with a positive learning experience. Please feel free to ask questions at any time during your child lessons.

Sincerely,

YMCA Aquatics Staff